

# Gooderstone Gazette



## Stars & Wows of the Week



COLLECTIVE  
WORSHIP THEME:

CHANGES

## HAPPY EASTER HOLIDAYS!

What a fantastic Spring Term we have had, full of flowers, clocks changing and the sun trying to appear...

We hope you have all have a wonderful time and we look forward to the summer term!

We return on Tuesday 18th April.

## TEAM POINTS

1st - Curie 79  
2nd - Newton 75  
3rd - Einstein 68



## WHAT HAVE WE BEEN UP TO?

### OWLS!

This week in Owls & Goslings we have been learning about growing. We have been tracking how our plants have grown and comparing the heights of them. We were also excited to have a visit from a new born baby this morning and discussed how we have changed since we were babies.

### SKYLARKS!

This week in Skylarks, we have been doing some muddy moment Geography work. We have learnt how to use a compass navigating around our classroom using N,S,E,W and the 8 points of a compass in Y3 and 4. We have also been outside with our compasses making maps of the local environment. We looked at an OS map of our local area and tracked our journeys to school.

### KESTRELS!

This week in Kestrels, we have been learning about angles. We had a Muddy Moment where we went outside and made different sized angles using sticks. In Art, we have looked at kilts and the patterns of tartan. We also created our own tartan based on the colours from our family crests. We have also been looking at sentence structures using subordinate clauses while editing a badly written newspaper report.

# SENDCo Information & Support

## SENDCo Information and Support Weekly Focus: Behaviour

I have had lots of discussions with parents about pupil behaviour at home, especially at the end of day at school. Here are some suggestions to help with the home time transition. If you have any concerns about your child and would like to talk to Mrs Tinkley, please do not hesitate to contact her on [katie.tinkley@mundford.dneat.org](mailto:katie.tinkley@mundford.dneat.org) or telephone the school.

### Tips for Managing After-School Meltdowns

If you are finding yourself trying to cope with after-school meltdowns from your child, know you are not alone! This is really common for children of all ages. The reasons can be varied. Maybe your child has had enough of sitting down for most of the day and needs to let off steam, they had a disagreement with a friend at lunchtime and don't feel like it's been resolved or maybe they are simply 'hangry' (this could go alongside either of the above, too). Regardless of the cause, there are things you can do to help manage the meltdowns and make the transition from school to home a little smoother.

Have a healthy snack ready and waiting for the journey home - bananas are ideal but anything that is going to give them a boost of energy and keep them going until their evening meal will be good. Avoid sugary treats at this time - they provide a temporary energy fix but often come with a bigger crash later, which could actually cause its own meltdown!



Don't forget the water! Even if your child has a water bottle at school, you can't guarantee they will even touch it during the day. Sometimes, a fresh bottle of water simply handed to them quietly will make your child take a big, healthy drink, without them even really realising they've accepted it!

Try not to bombard your child with questions. Instead, greet them with a smile and a hug and let them steer the conversation. If they want to tell you something, they will. If they would rather mooch along quietly, likewise.

You could try modelling how to talk about your day. For example, tell them about your day, where you've been, something that's been good, something that's maybe not been so good. This can help your child build a framework for how to talk about their day when they are ready to.

Be present. This can be hard, especially if you are still on work calls or emails during pick-ups or are working in the evening, but having even a small window of time where you can focus on your child really matters to them.

Does your child struggle with separation from you? A little note in their pocket, or [Lunchbox Encouragement Card](#), could give them a bit more security throughout the day.

Some children really thrive on structure and need this to continue once they get home from school. You could try having a semi-set routine that you do every day when you get in - whether that's flopping for half an hour's downtime, or going straight to get changed out of their uniform - it can really help children to have a little plan in their minds for what is going to happen next.





# Gooderstone Reminders

## After School Clubs

After School Clubs will start again  
Week Commencing Monday 24th  
April.

There are new, fantastic clubs to sign  
up to for the summer term!  
Children have been provided with a  
School Club letter.

If you have not already, please return  
the club letter asap to the office.

**All children who have already  
submitted their requested clubs - have  
secured a place in their club choices!**

## Headlice – Please check & be extra vigilant against these critters!

An email has been sent to all parents /  
carers 31/03/23

Headlice Remover guidance can be  
found in a hard copy in the front office  
or the NHS website.

## Thank you Miss Bennett!

We would like to say a big thank you to  
Miss Bennett!

Miss Bennett provided the wonderful  
1st Place cake for The Friends Easter  
Raffle and did some wonderful easter,  
cupcake baking with Owls & Goslings  
this morning.

**THANK  
YOU!**

## Lunch Meals

It is Parents' responsibility to check  
their child/ren has their lunch booked  
for the next day/ week. Orders are  
placed in the morning with what  
parents have ordered for that day.

Meals should be booked before  
midnight on a Sunday for the following  
week.

**The App will not allow you to edit,  
delete or show lunches for the same  
day.** This will all need to be checked the  
night before.

If a meal has not been booked it is very  
unlikely a meal will be available and we  
will call you to provide a packed lunch.

Please book the lunches with your  
child/ ren, so they can make their  
choices and are aware of what has been  
ordered.

We cannot swap meals or change what  
has been ordered, especially when  
Aspens arrive at the school to begin  
lunch time. Please can parents remind  
their children of this and speak with  
them regarding their lunch choices.

## Aspens - Lunch Meals

We were advised by Aspens that there  
would be an increase of meal price  
coming into effect as of 31st March.

This is no longer the case, a price  
increase will not be happening  
presently. Once we have further  
information we will notify all parents/  
carers.





# Upcoming Events

*\*Swimming for Skylarks & some Kestrels will not continue in Summer Term\**

**18th April:** Return for Summer Term

**21st April:** First Sharing Assembly of Summer Term

**24th April:** After School Clubs Begin

**25th April:** Yr6 Crucial Crew - Kings Lynn Fire Station

**4th May:** Polling Day - SCHOOL CLOSED (except YR6)

*Every effort is made to stick to the planned dates, but occasionally circumstances beyond our control may affect in-school events. We will always inform you as soon as possible of any changes. Thank you for understanding.*

## Easter Raffle

Thank you to all the parents / carers who participated in The Friends of Gooderstone Easter Cake Raffle! This was a lovely success and winners were announced at lunch time- we raised a total of £37!

Congratulations to:

3rd Place - Ivy

2nd Place- Lilia

1st Place - Hattie

We would like to extend a big thank you to everyone who donated the prizes & we look forward to more The Friends of Gooderstone events in the summer term.

The Friends of Gooderstone is on Facebook! Click the link to join! : [The Friends of Gooderstone Primary School | Facebook](#)

## What are we Reading?

Reading is the key to unlocking all curriculum subjects for children.

As with last year, we are using the Power of Reading to encourage the children to love books and to broaden their reading horizon.

We want every child to be a confident reader with a passion for books.

Alongside our Power of Reading books, we also have a class reader which is a shared class book which is read to the children every day.

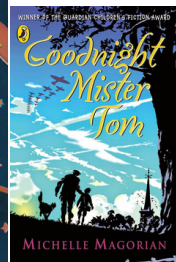
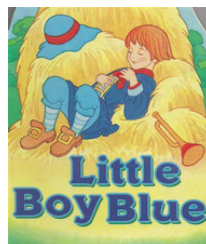
### Current books:

#### Power of Reading:

Owls: Little Boy Blue

Skylarks: Traction Man

Kestrels: Goodnight Mr Tom



### Class Reader:

Owls: Wigglesbottom Primary-Dino Chick

Skylarks: Kid Normal

Kestrels: Holes



Let Every Light Shine