

Gooderstone Gazette



Stars & Wows of the Week



COLLECTIVE
WORSHIP THEME:

CHANGES

TEAM POINTS

OWLS

Star of the Week is Ivy, for her amazing writing about her community.

Wow of the week is Bobby, for being a kind and polite member of Goslings & Owls.

SKYLARKS

Star of the Week is Arabella, for being a fantastic teacher of fractions.

Wow of the week is Priyah, for great science observations.

KESTRELS

Star of the Week is Kenzie, for settling into Kestrels really well.

Wow of the Week is Betsy, for helping to teach others about percentages.



WHAT HAVE WE
BEEN UP TO?

OWLS!

This week in Owls & Goslings, has been a busy week! Nursery have been learning a new phonic sound every week - this week is 'b'. They made beautiful butterflies using their finger prints and learnt all about Poo! We have been looking at animal poo, is it a herbivore, carnivore, omnivore and their diets, with different animals eating different things!

SKYLARKS!

This week in Skylarks, we have been learning about different parts of a computer / hard drive / RAM / CPU (Brown) / Motherboard / Hardware / Software.

Caterpillars! Our caterpillars are growing rapidly, changing pattern and colour, becoming spikier. They may start making their chrysalis and the children have been making daily observations in their diary entries.

KESTRELS!

This week in Kestrels, we have been looking at WW2 and linking many subjects. We created gas mask boxes in Maths by testing out different nets for cubes and then making them. We are also building an Anderson shelter in the classroom and are creating a garden on the roof to camouflage it. We have sown seeds for wild pansies, wheat grass and coriander and have written instructions to make sure that they grow.

YR 6 went to Crucial Crew!



As part of Crucial Crew, please see the attached Safer Schools Newsletter from the **Constabulary's Children and Young People Team**. This has information on what they have been up to this term and useful links with advice about online safety.

Family Maths Activities

This term, every class will be sending home Maths activities. We trialled this on back on Numbers Day and had really positive responses from parents, so we are now making it our regular Maths homework.

The fun activities are designed to be done together and get children talking about Maths. We understand that for many families time for homework is short, so if you have children in different classes, it doesn't matter if you pick an activity from just one class and have a go with all the children together.

Encourage older siblings to work with their younger brothers and sisters. Friends can join in. Children could get together with others in the class to have a go.

SENDCo Information & Support

SENDCo Information and Support Weekly Focus: Promoting Positivity Mental Health and Well Being

If you have any concerns about your child and would like to talk to Mrs Tinkley, please do not hesitate to contact her on katie.tinkley@mundford.dneat.org or telephone the school.

My Child Won't Sleep Advice for Parents of Autistic Children

As a parent, we all know that children sometimes struggle to sleep.

Sleep is a really important part of physical and psychological wellbeing – we need it in order to grow, fight off illness, learn and feel emotionally strong. If your child isn't sleeping well, they may not be able to function at an optimum level and this can lead to problems both at home and at school.

Lack of sleep can have a real impact on a child's behaviour and ability to cope with the stresses of daily life. This can also affect their siblings, friends, teachers and parents, sometimes making life very stressful.

Why Can't My Child Sleep?

One of the most common reasons for a child not being able to sleep is their environment. For example, they may have too many toys and games in their bedroom that stimulate them.

Another common reason is behavioural shaping. For example, if you rock your child to sleep every night, they will find it difficult to get to sleep without you there. Equally, if they wake up in the night and you are not there to rock them, they may struggle to sleep again and may become distressed.

Some children on the Autism Spectrum can face further difficulties. They may experience irregular secretion of the sleep hormone 'melatonin' - this is the hormone that regulates sleep.

They can also struggle with social cueing, which means they may not understand why and when to sleep. Try explaining to older children what sleep is and why we need it or even try modelling the process of going to sleep at a certain time until this becomes habit.

Autistic children may become anxious at bedtime and struggle with sensory issues, such as bright lights or even the feel of the material that their pyjamas are made of.

What Can I Do?

- Try keeping a sleep diary so that you can keep track of any patterns or triggers.
- Be clear in your expectations at bedtime and do not change routines.
- Do not let your child eat too late and keep stimulating play to a minimum in the evening.
- Warn your child that it will soon be bedtime so there are no surprises.
- Have a consistent and relaxing bedtime routine that lasts about 20 - 30 minutes – give your child a warm drink and read a book together; keep things quiet and non-stimulating.
- Make sure that your child is comfortable – they may not like the smell of wash powder, the fabric of the duvet cover or the brightness of a bedside lamp. If it's an issue for them, change it.
- Try using a weighted blanket – this is a special blanket that is filled with beans and that can soothe a child.
- Keep a close check on the temperature of your child's bedroom and try to settle on an optimum level.
- Try using blackout blinds if your child is unsettled by light creeping into the room.
- Block out stimulating noises by letting your child listen to music through earphones or simply let them wear ear defenders.
- Set up a reward system so that your child feels a sense of achievement when they successfully settle into sleep.



Gooderstone Reminders

After School Clubs

Please see the below dates for cancelled clubs:

1st May: No Gardening Club

4th May : No Taekwondo

8th May: No Gardening Club

Due to Gardening Club being on a Monday with the Bank Holidays, Mrs Cross has said she will be doing Gardening Club during the Lunch Hour on Tuesdays.

Health Advice- Scabies

Cases of Scabies are on the rise within the county, please see the attached link from NHS Advice: **Scabies - NHS** (www.nhs.uk)

If any confirmed cases do appear the affected person(s) should not return to school for at least 24 hours from the first treatment.

Coronation Celebration

Sunday 7th May 2pm

St Georges Church - Hosted by Reverend Linda Lubbe

Reverend Lubbe & Rachel Lines extend an invitation for all parents / carers to join them on Sunday 7th May 2023 at 2pm in the church for a Coronation Celebration.

A poster with further details is attached to this newsletter.

WELCOME!

We would like to give a warm Gooderstone welcome to Lucy & Ellie, who will be doing their work experience with us next week!

We are super excited to have you both for a Gooderstone Adventure!

Lunch Meals

It is Parents' responsibility to check their child/ren has their lunch booked for the next day/ week. Orders are placed in the morning with what parents have ordered for that day.

Meals should be booked before midnight on a Sunday for the following week.

The App will not allow you to edit, delete or show lunches for the same day. This will all need to be checked the night before.

If a meal has not been booked it is very unlikely a meal will be available and we will call you to provide a packed lunch.

Please book the lunches with your child/ ren, so they can make their choices and are aware of what has been ordered.

We cannot swap meals or change what has been ordered, especially when Aspens arrive at the school to begin lunch time. Please can parents remind their children of this and speak with them regarding their lunch choices.

Coronation Party

We are very excited to host a Coronation Party, celebrating the Royal Coronation of the King.

We would like to do this on Friday 12th May, in the afternoon / after lunchtime.

Please send the children in with a King or Queen outfit to change into after lunch, this can include crowns, capes, dresses, red t shirts etc.....

The children will be baking cupcakes in the morning, which will be served in the afternoon with ice cream.

Upcoming Events

1st May: Early May Bank Holiday School Closed
4th May: Polling Day - SCHOOL CLOSED (except YR6)
7th May: 2pm Coronation Celebration at St Georges Church - by Reverend Lubbe
8th May: Bank Holiday for the Coronation of King Charles III School Closed
9th May- 12th May: KS2 SATs tests
12th May: Coronation Party- Dress as Kings/ Queens for the afternoon
14th May-17th May: Year 6 Residential trip to PGL Caythorpe, Lincs.
26th May: Break up for Half Term

Every effort is made to stick to the planned dates, but occasionally circumstances beyond our control may affect in-school events. We will always inform you as soon as possible of any changes. Thank you for understanding.

We are looking forward to more Friends of Gooderstone events in the summer term and if you would like further information, please email them at: friends.of.gooderstone@gmail.com

Friends of Gooderstone is on Facebook! Click the link to join! : [The Friends of Gooderstone Primary School | Facebook](#)

The Friends would like to welcome any new members / parents who may be interested in supporting our upcoming summer events.....watch this space!

What are we Reading?

Reading is the key to unlocking all curriculum subjects for children. As with last year, we are using the Power of Reading to encourage the children to love books and to broaden their reading horizon.

We want every child to be a confident reader with a passion for books. Alongside our Power of Reading books, we also have a class reader which is a shared class book which is read to the children every day.

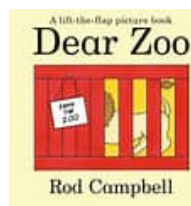
Current books:

Power of Reading:

Owls: Dear Zoo

Skylarks: Beowulf

Kestrels: Goodnight Mr Tom

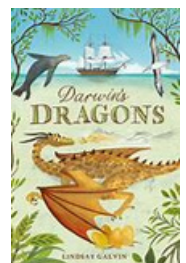


Class Reader:

Owls: Dave the Pigeon

Skylarks: Kid Normal

Kestrels: Darwin's Dragons



Let Every Light Shine