



LUNCH WEEK 1 MFNU



MAIN EVENT

MEAT-FREE MAGIC **Vegetarian Dish**

KAINBOW ALLEY Vegetables and Salads



BIG TOPPING Filled Jacket



TROLLEY

Pudding

Toffee Sponge and Custard

Jelly & Fruit Slices

Tropical Pineapple Crumble and Custard Orange Cookie

Cut fruit, yoghurt and jelly available every day

MONDAY

Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers

Sweet Chilli Vegetable Stir Fry with Whole Grain Rice

Mixed Salad

Cheesy Broccoli Pasta Bake

TUESDAY

Mild Chicken Curry

with Whole Grain Rice

WEDNESDAY

Sausages with Mashed Potatoes and Gravy

THURSDAY

BBO Drizzle Pizza with Baked Potato Wedges

Homemade Cheese and Leek Sausages with Mashed Potatoes and Gravy

Tarka Dhal Curry (Veggie Lentil Curry) with Whole Grain Rice

Peas

Green Beans

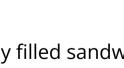
Broccoli

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes with Cheese or Beans

Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & cut fruit





Autumn/Winter 2023/2024: 11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

FRIDAY

Golden Fish Fingers or Salmon Fingers with Chips

> Pizza Margherita with Chips

Baked Beans

Vanilla Ice Cream





LUNCH WEEK 2 MFNU



MATN EVENT

MEAT-FREE MAGIC **Vegetarian Dish**

KAINBOW ALLEY Vegetables and Salads

WIRLER **Topped Pasta**

BIG TOPPING Filled Jacket



PICK AND MIX



Banana Sponge Cake and Custard

MONDAY

All Day Breakfast

Brunch

Sausage, Egg, Hash

Brown and Beans

All Day Veggie

Breakfast Brunch

Veggie Sausage, Egg,

Hash Brown and Beans

Baked Beans

Jammy Crumble Bars

Apple Crumble and Custard

Orange Jelly

Cut fruit, yoghurt and jelly available every day

TUESDAY

Pizza Margherita

with Baked Potato

Wedges

Golden Vegetable

Green Salad Carrots Sweetcorn Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes with Cheese or Beans

Pick & Mix Packed Lunch

Minced Beef and Onion Pie with Mash Chow Mein (Noodles)

Onion Pie with Mash

Mexican Bean Wrap with Whole Grain Rice

Fingers with Baked Potato Wedges

Super Veggie Pie Vegetable, Lentil and

WEDNESDAY



Autumn/Winter 2023/2024: 11/9, 2/10, 23/10, 20/11, 11/12, 15/1, 5/2

THURSDAY Chicken

FRIDAY

Golden Fish Fingers with Chips

Cheesy Sweetcorn Pizza with Chips

Baked Beans

Freshly filled sandwich or roll, healthy snack, home bake dessert & cut fruit

Vanilla Ice Cream







LUNCH WEEK 3 MFNU



MATN EVENT

MEAT-FREE MAGIC **Vegetarian Dish**

RATNBOW ALLEY Vegetables and Salads



BIG TOPPING Filled Jacket



PICK AND MIX



Pudding

Watermelon Wedge

Chocolate Crunch and Custard

Oaty Apple **Crunch Slice** Strawberry Jelly

Cut fruit, yoghurt and jelly available every day

Hot Dog with Baked Potato Wedges

MONDAY

Vegetarian Shepherd's Pie

Green Beans

TUESDAY

Tomato & Roasted Vegetable Pasta Bake

> Mixed Vegetable Korma with Whole Grain Rice

WEDNESDAY

Roast Gammon with Roast Potatoes and Gravy

> Baked Mac n Cheese

Wedges **BBO** Drizzle Pizza with Baked Potato Wedges

Peas

Broccoli

Carrots

Daily salad bowl and freshly baked bread available every day Hot Pasta topped with Homemade Tomato Sauce

> **Crispy Skin Jacket Potatoes** with Cheese or Beans

Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & cut fruit



Autumn/Winter 2023/2024: 18/9, 9/10, 30/10, 20/11, 11/12, 01/01, 22/01, 12/02

THURSDAY

Pizza Day! Veggie Supreme Pizza with Baked Potato

FRIDAY

Golden Fish Fingers with Chips

Golden Vegetable Fingers with Chips

Baked Beans

Vanilla Ice Cream