





# Gooderstone Church of England Primary Academy

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Monday 15th April 2024

# Welcome Back!

Dear Parents/Carers,

This academic year has certainly flown, it is hard to believe we are now entering the last term of the school year. The summer term is always a very busy one for the staff and children, there is much to look forward including the upcoming residential.

# Owls Outdoor Area.

Over Easter we had Owls' outdoor area transformed by Wrights Landscaping. The children now have a wonderful new outdoor area to play in.



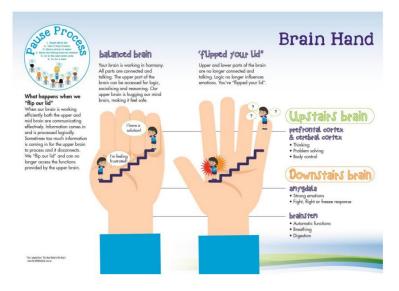
We have two pieces of work left to take place within the fenced off area. Once we have raised enough money that area will be turfed and shed bases will be built. Owls will then have a huge outdoor area to roam in, how exciting!

## **Regulating Behaviours.**

Over the course of the academic year we have done lots of work with the children on the way their brain works to both help and at times hinder them. We have shared that with you also – looking at an attitude of gratitude, taking accountability for our behaviour, building our resilience and of course our work on the learning pit. It is important for our children to understand that they are responsible and accountable for their behaviour and both home and school are there to help them learn to manage it. This half term we will be focussing on self-regulation recognising and learning how to deal with 'big emotions' that very often overwhelm us. We often can't help the way we feel but we can help the way we react. In Collective Worship we will be looking at how these emotions quite often make us 'flip our lid' allowing the 'emotional brain' overwhelm our 'thinking brain'. The following video: https://www.youtube.com/watch?v=3bKuoH8CkFc is really good at explain what happens to us when we 'flip our lid.' The following website also helps to give children ways to self-regulate https://gozen.com/50-calm-down-ideas-to-try-with-kids-of-all-ages/. We will send more information out about this over the next few weeks.







# Arbor App

Thank you for patience with our system change. The Trust introduced Arbor this year and we are all getting to grips with the new system. We understand that getting used to this app will take time and we will support parents however we can as we all learn together.

#### Homework.

Our new approach to homework (letter dated 25/3) will start this half term. Homework will be handed out Friday and handed in the following Friday. Class teachers will be in touch over the next week.

### Transition Weeks.

As usual the last two weeks of the summer term will be our transition weeks where children will move into their new class with their new teacher. Running transition like this has been very successful over the years as it helps to ease the anxiety of returning to school after the summer holidays as the children have already met their teacher, know rules and routines of the classroom and also know where they are sitting. More information will be coming out about this over the course of this term.

Best wishes,

Mrs Godbold