



# Mundford Church of England Primary Academy

Executive Headteacher: Mrs Sarah Godbold St Leonard's Street, Mundford, Thetford, IP26 5ED Tel: 01842 878278 Email: office@mundford.dneat.org Web: www.churchsidefederation.norfolk.sch.uk

Thursday 24<sup>th</sup> April 2025

### Welcome Back!

Dear Parents/Carers,

Welcome back to school, everyone! I hope you all had a fabulous Easter break and ready for what is going to be a very short summer half term jammed packed with lots of events. In the next few weeks we have class trips, SATs and of course our residential. It is going to be a busy one so make sure you keep looking at the newsletter for key dates and events.

#### Negative thoughts.

This week, in Collective Worship, we will talk about Automatic Negative Thoughts (ANTS) and how they can hold us back and cause us unnecessary anxiety. We will be looking at ways to **Catch-Check-Change** these thoughts for ones that serve us better. We will be watching this clip in assembly if you would like watch it too <u>https://www.youtube.com/watch?v=s1F7LWfVnAM</u>.

#### Governors

Due to a relocation closer to work we are sad to let you know that Michael Cross will be leaving us at the end of this half term. We will be very sorry to see him go as he has been a great support to the Federation since his appointment. We are very fortunate to have a strong governance team and our Vice Chair Sean West will be taking up the mantle of Chair of Governors moving forward. Due to this we have a space for a Trust Appointed Governor on our board. If you would like to learn more about the inner workings of the Federation and join our fabulous team, then please contact the office for more details.

#### **Hot Weather**

As we move further in to the summer term the weather will (fingers crossed) start to get hotter. Please ensure that children come to school with sun cream applied, a named sun hat and a named water bottle to keep them hydrated and safe from the sun's rays

We will be sending out our parent's code of conduct policy with this letter. We would like to kindly remind everyone that our staff are here to support and help your children in every way possible. We always strive to create a positive and welcoming environment for both students and families. We ask that all interactions with our team are respectful and considerate, as this helps ensure a calm and





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productive atmosphere for everyone. If you ever have any questions or concerns, please don't hesitate to speak with us – we're here to work together for the benefit of all our children.

Best wishes,

Mrs Godbold