

GOODERSTONE GAZETTE



WE 24 OCTOBER 2025

Team News

Curie

51



Einstein

47

Newton

43



This weeks winners are **Curie**
Three wins = House team non-uniform day!

Class News

Owls & Goslings

Owls and Goslings this week we have enjoyed learning all about Diwali. The children made Diya lamps and lit them during Woodland Wildlings. They also made their own Rangoli patterns and we talked about symmetry. Reception have also been working really hard to recognise Capital letters and match them to their letter sounds. We talked about when you would use a capital letter and made them out of small parts and natural resources.

Skylarks

This week we have made soup to finish our DT project. We made two flavours, tomato and carrot and cheddar. Reviews were mixed with tomato being the slight winner! We have also enjoyed learning the story of Sita and Rama and trying out some Indian dancing to celebrate Diwali in our PE lesson. We had a fabulous SAW day on Thursday, learning about the human body. We made giant fingerprints on balloons and had a doctor visit who let us listen to our heart beats using a stethoscope.

Kestrels

In Kestrels this week, we designed some sustainable cities using renewable energy to power them and planning community gardens to grow our own food. Over the forthcoming weeks, we will be creating 3D models of our cities which will have some electrical elements and even some places to grow some small plants. We also completed some research into other shipwrecks as our round-up research day. We learnt about Endurance, Mary Rose, Vasa and also an ancient Greek ship called Antikythera.



Star, Wow and Writer of the week

Owls

Writer – Ralph for great progress in writing

Skylarks

Writer – Rosie WA for taking time and care over her writing and reading back her work to check independently.

Kestrels

Writer – Florence for always adding as much detail as possible into her writing.

Cake Friday Returns!

 Cake Friday is Back 

We're delighted to announce the return of Cake Friday—starting on Friday 14th November!

Every other Friday, one of our amazing volunteers will bake a delicious cake to be raffled off. Raffle tickets will be available for children to buy in their classrooms on Friday morning or from the school office:

- 20p per ticket
- £1 per strip

The winning ticket will be drawn during Sharing Assembly, and the lucky winner will take home a tasty treat to enjoy with their family!

Can you help?

If you'd like to volunteer by baking or donating a treat for the raffle, there's a sign-up sheet in the school office. Please speak to Mrs Copeland or Mrs Mason for more information.

Thank you for supporting this fun (and tasty!) school tradition.

Parents Evening

Parents Evening booking in now open in Arbor. If you need help to book please contact the office.

Home School Agreement

Please don't forget to email your acceptance of the Home/School agreement. Please let us know if you prefer a paper copy.

Spelling at Gooderstone

Over the last few years, we have found that when children are given a list of words to learn for a test, they often spell them correctly in the test but then quickly forget them when writing independently. For this reason, we now focus on teaching spelling rules in weekly sessions. Children are then tested on words that follow these rules, helping them to apply their knowledge more effectively in their writing.

These spelling rules are carefully grouped by year group.

Alongside this, each child also has their own individual list of spellings to work on.

This forms the basis of our Smashing Spelling sessions, which take place three times a week. Children learn a clue for each word, practise it repeatedly, and move on once they are confident. This approach has been very successful in filling any gaps in spelling over the past few years.

In addition, children also take part in Spelling Seed sessions, where they explore the spellings found in their class books. This helps them to see and use words in meaningful contexts.

If you have any questions or would like more information, please don't hesitate to speak to your child's class teacher.

Diary Dates

- Half Term 27-31 October
- School reopens 03 November
- Skylarks Gathering 03 November 9am
- Kestrels Showcase 06 November 9.30am
- Parents Evening 06 November
- School Photos 10 November
- Remembrance Day Service 11 November 10:50am
- Children in Need 14 November
- Celebration Assembly 28 November 9am
- Pantomime (in school) 05 Dec
- Christmas Lunch 11 December

Clubs

Monday

Handbell 3:15-4:15

Wednesday

Boom whacker lunchtime

Taekwondo 3:15-4:15

Thursday

Choir lunchtime

Mr B Gym & Fitness 3:15-4:15

Contact Information

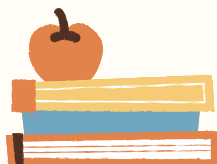
Phone: 01366 328280

office@gooderstone.dneat.org

<http://www.churchsidefederation.norfolk.sch.uk/gooderstone/>

God has not given you a spirit of fear but of power and love and a sound mind.

2 Timothy 1:7



Meals

Please see below the new Autumn/Winter menu, this will start week commencing 3rd November.

NOVEMBER TO MARCH 2026 NOURISH SHOW WITH US 					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE					
3 Nov	Chicken Pie 1 Pesto Pasta 1,7 V Jackets with a Choice of Toppings 7,8,9	Margherita Pizza 1,3,7 V Bean Biryani VG Jackets with a Choice of Toppings 7,8,9	Roast Gammon & Gravy Vegan Sausage Roll 1 V Jackets with a Choice of Toppings 7,8,9	Spaghetti Bolognese & Garlic Bread 1,3 Loaded Bean Chilli Wedges VG Jackets with a Choice of Toppings 7,8,9	Fish Fingers 1,8 Vegetable Sausage VG Jackets with a Choice of Toppings 7,8,9
24 Nov	Crushed Potato Cauliflower, Carrots	Rainbow Pasta 1 Seasonal Vegetables	Rustic Roast Potatoes, Cabbage, Peas	Green Beans Grated Carrots	Chips, Sweetcorn, Baked Beans
15 Dec	Strawberry Mousse 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Toffee Apple Pudding 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Brownie 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Oaty Cookie 1,15 VG Yoghurt 3,7 Fruit Pots VG
19 Jan					
9 Feb					
9 March					
30 March					
WEEK TWO					
10 Nov	Chicken Curry Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9	Cheesy Pasta Bake & Garlic Bread 1,3,7 V BBQ Bean Wedges VG Jackets with a Choice of Toppings 7,8,9	Roast Chicken & Gravy Ratatouille Puff 1,3 VG Jackets with a Choice of Toppings 7,8,9	Beef Stew & Dumpling 1 Pesto Pasta 1,7 V Jackets with a Choice of Toppings 7,8,9	Salmon Bites 1,8 Cheese & Sweetcorn Pizza 1,3,7 V Jackets with a Choice of Toppings 7,8,9
1 Dec	Rice, Carrots, Peas	Seasonal Vegetables	Rustic Roast Potatoes Broccoli, Carrots	Cauliflower, Green Beans	Chips, Peas, Mixed Salad
5 Jan	Chocolate Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Plum Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Crispy Cake 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Apple & Cinnamon Pinwheel 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Marble Cookie 1 VG Yoghurt 3,7 Fruit Pots VG
26 Jan					
23 Feb					
16 March					
WEEK THREE					
17 Nov	Cheese Penne & Garlic Bread 1,3,7 V Sweet Potato & Chick Pea Curry VG Jackets with a Choice of Toppings 7,8,9	Chicken Noodles 1 BBQ Vegetable Burrito 1 VG Jackets with a Choice of Toppings 7,8,9	Sausages & Yorkshire Pudding 1,7,9 Vegetable Sausage VG Jackets with a Choice of Toppings 7,8,9	Beef Cottage Pie Herby Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9	Fish Fingers 1,8 Cheese, Carrot & Tomato Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9
8 Dec	Rice, Green Beans, Mixed Salad	Sweetcorn, Peppers	Rustic Roast Potatoes, Green Beans, Carrots	Seasonal Vegetables	Chips, Peas, Baked Beans, Grated Carrot
12 Jan	Peach Crumble 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Chocolate Rice Pudding 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Lemon Drizzle Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Caramel Flapjack 1,7,15 V Yoghurt 3,7 Fruit Pots VG
2 Feb					
2 March					
23 March					
Nourish 3 AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.					
					

Friends of Gooderstone School

INK CARTRIDGE RECYCLING

We are now able to accept any used or unopened ink cartridges for recycling. Not only is this environmentally friendly but also means FOGS receive a small amount of money for each box which goes back into the school to provide resources and experiences for the children.

The box is located in the school foyer/office. Thank you for your continued support.



Harvest Festival

Thank You for Supporting Meadow House Care Home and the Food Bank
Thank you to everyone who took part in our Harvest Festival and kindly donated items for Meadow House Care Home in Swaffham and the local Food Bank. Thanks to your generosity, we were able to provide a wonderful selection of supplies. The team at Meadow House were deeply appreciative of the donations and welcomed us warmly when they were delivered on Wednesday. A special well done to Lilia and Paloma, who represented the school brilliantly during the visit!



Extra-curricular Achievements!

We are always so pleased when we can celebrate the achievements of the children, even when they are done outside of school.

We are really proud of Alana's Level 4 Gymnastics achievement, alongside Taron's Gymnastics Superstar certificate, as well as Teddy and Scarlett's achievements with their running (Scarlett was even first female in a race of children and adults and won a trophy)!

Tilly, Eva and Rosie also took part in the Muddy Monsters Cycle Races this year, completing 4 races which were divided into 3 challenging events. Aster also completed the sprint race at the last event having recently learnt to ride her pedal bike!

Well done to all of the children who took part in these brilliant events!