

GOODERSTONE GAZETTE



WE 07 NOVEMBER 2025

Team News

Curie
56



Einstein
45

Newton
35



This weeks winners are **Curie**
Three wins = House team non-uniform day!

Class News

Owls & Goslings

Owls and Goslings have enjoyed starting our new Literacy Tree book 'Look Up'. They have been fabulous at using phonics to create leaflets and poems. The children have also been considering the question 'Why do Christians perform Nativity plays at Christmas?' They have considered what present would be good for the birth of a special Baby.

Skylarks

This week we had a P4C session based on kindness, considering the question 'Is it better to have kind words or kind actions?' and 'Would you rather meet a tarantula that was kind or a puppy that wasn't?' The children came up with their own amazing deep questions and voted for their favourite to explore together: 'Should soldiers be kind or should they fight?' based on our learning about Remembrance Day in history. In history we have looked at photographs of soldiers from WWI and the trenches in France. We turned our classroom into a trench by making tunnels of tables, listening to wartime soundscapes and turning the lights off to imagine what it might have felt like to be a soldier. We have also learnt about the symbol of the poppy, went on a poppy hunt in the church and practiced our fine motor skills by weaving lolly stick poppies.

Kestrels

This week in Kestrels, we have written a Big Write based on a cauldron which appeared in the hall. The children thought a witch had come to school and wrote some fantastic stories about magical people. We also had our showcase which was well-attended by families. Thank you so much for coming along, we loved showing you all of our hard work from last half term.



Children in Need

Next Friday (14th November) is Children in Need.

We are inviting the children to come into school in their own clothes on Friday. The theme for this year's Children in Need is Challenge Yourself and so we will be completing a challenge as a school. For the Daily Mile we will tally up the children's (and staff's) laps and will calculate the distance to see how far down the UK we can travel!

Today, your child has brought home a map of Great Britain. Should you wish to donate to Children in Need through school, please fill in the map with coins of your choice and drop it into school by the end of Friday 14th we will then donate the total amount to this great cause!



School Photos

School photos will take place on Monday 10th November from 9:00am to 11:00am. Please ensure all students come to school in their full school uniform and bring their PE kits with them.

Home School Agreement

Please don't forget to email your acceptance of the Home/School agreement. Please let us know if you prefer a paper copy.

Cake Friday Returns!

🍰 Cake Friday is Back 🍰

We're delighted to announce the return of Cake Friday—**starting on Friday 14th November!**

Every other Friday, one of our amazing volunteers will bake a delicious cake to be raffled off. Raffle tickets will be available for children to buy in their classrooms on Friday morning or from the school office:

- 20p per ticket
- £1 per strip

The winning ticket will be drawn during Sharing Assembly, and the lucky winner will take home a tasty treat to enjoy with their family!

Can you help?

If you'd like to volunteer by baking or donating a treat for the raffle, there's a sign-up sheet in the school office. Please speak to Mrs Copeland or Mrs Mason for more information.

Thank you for supporting this fun (and tasty!) school tradition.

Diary Dates

- School Photos 10 November - 9am-11am
- Remembrance Day Service - 11th November 10:50am
- Children in Need - 14th November
- Celebration Assembly - 28th November 9am - All classes
- Pantomime (in school) - 5th Dec
- Christmas Lunch - 11th December

Clubs

Monday

Handbell 3:15-4:15

Wednesday

Boom whacker lunchtime

Taekwondo 3:15-4:15

Thursday

Choir lunchtime

Mr B Gym & Fitness 3:15-4:15

Contact Information

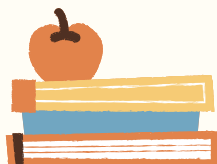
Phone: 01366 328280

office@gooderstone.dneat.org

<http://www.churchsidefederation.norfolk.sch.uk/gooderstone/>

"Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go"

Joshua 1:9



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WellFamily is open for new referrals



WellFamily supports adults, children and families registered with GP Surgeries in Swaffham, Downham Market and Litcham.

WellFamily provides flexible and tailored support to people of all ages concerning:

- mental health and wellbeing,
- parenting and behaviour,
- schools and education,
- finances, housing,
- and social isolation.

Appointments take place at Swaffham Community Centre as well as being able to offer home visits.

We aim to be as flexible as possible and can also support at meetings with schools.

For more information or to make a referral, scan the QR or contact:

✉ swaffhamwellfamilyreferrals@family-action.org.uk

☎ 01760 725801



family-action.org.uk

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Family Action

Family Action is a national charity, supporting families up and down the country and has recently updated and relaunched its website. In addition to being able to search for Family Action services and projects in your locality, you can also now access lots of information and resources on a wide range of topics affecting families today. Have a look for example at a number of self-help resources around the return to school and preparing your child for the school day, www.family-action.org.uk

We would like to meet you in..... SWAFFHAM

We meet each month, in the quiet upstairs room in **Costa Coffee, Market Place, Swaffham, PE37 7AB**

Come and join us between 9:30-11am on Wednesday 12th November 2025

Friendly, informal, no need to book. We can offer support, advice, signposting and a listening ear.

Ring **01603 972589** or

Email NorfolkAndWaveney@family-action.org.uk for more information.

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Swan Youth Project - Downham Market

Swan Youth Project and Family Action would like to welcome you to a parent/carer drop in at

The Swan Youth Project, Paradise Rd, Downham Market, PE38 9JE on TUESDAY 25 NOVEMBER. Drop in and meet us anytime between 9 and 11am.

This is the regular parent/carer drop in run every Tuesday in term time at the SYP and we join them on the last Tuesday of each month. Friendly and informal, we come along to answer any questions you have about autism and ADHD. Whether you are old friends of the project or new friends we haven't met yet, come along for a cuppa and a chat.

For more information you can ring us on **01603 972589** or

EMAIL NorfolkAndWaveney@family-action.org.uk



Swan Youth Project

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Grandparent Workshop

Calling all Grandparents!

Do you have a grandchild with Autism or ADHD?

Join us for a relaxed and friendly session to learn more about how you can support and understand them.

We'll talk about:

- What Autism and ADHD really mean
- How these differences can affect everyday life
- Practical tips for connection and support
- How grandparents play a special role

Come along, ask questions, and share experiences with others.

No need to book – Just join us online via Zoom on the day.

For more information you can contact us Monday to Friday 9-5pm on:

☎ 01493 650220 or 01603 972589

✉ NorfolkandWaveney@family-action.org.uk

📍 Family Action Norfolk & Waveney Autism/ADHD Support Service.



Thursday
20th November 2025

10:00am – 11:00am

Free Online Workshop

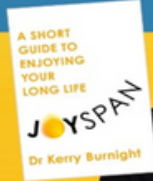


Meeting ID: 946 8148 6826
Passcode: 085559

www.family-action.org.uk

THRIVING IN LATER LIFE

Dr. Kerry Burnight



ACTION FOR HAPPINESS

Let's take action to be
**Happier and
Kinder,
Together**



Join Dr Kerry Burnight, author of Joyspan, to discover how your later life can become a time of greater purpose and joy.

Book Your Place

<https://actionforhappiness.org/thriving-later-life>

Thriving In Later Life – with Dr Kerry Burnight

11 November 2025 – Online via Zoom

7pm UK time

Tickets: Open to all with optional donation. By booking you will also receive access to the event video and resources.

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What if your future is brighter than you think?

We live in a world obsessed with youth and terrified of ageing. But what if growing older wasn't something to fear – but something to look forward to?

At this special live event Dr Kerry Burnight, will share powerful insights from her decades of work in gerontology and her new book Joyspan. You'll learn how to shift from a fear of ageing to a deep appreciation of the freedom and fulfilment that come with later life.

Drawing on cutting-edge research and real-life stories, Kerry will unpack the essential ingredients for boosting our happiness in later life. These include connection, meaning, growth, choice and contentment – all of which we can cultivate, whatever our age.

Whether you're approaching later life, supporting ageing loved ones or simply interested in living with more joy and intention, this talk will provide practical ideas to inspire and empower you for the years ahead.