

MUNDFORD MAIL

WE 6TH MARCH 2026



House Team News

Romans
316



Saxons
295



Vikings
268



Danes
304



This weeks winners are the...Romans

Three wins = House team non-uniform day: **Friday 13th March**

Star, Wow and Writer of the week

	Star	Wow	Writer
Oak	Freya	Magnus	Theo
Hazel	Eden	Alma	Hugo
Maple	Sophie	Florence	Freddy
Cedar	Jude & Charlie D	Harmony	Lucy
Rowan	Robin	Oakley	Connie
Elm	Noah	Aurora	Bliss
Sycamore	Willow	Charlotte	Phoebe

Star - celebrates values and behaviour

Wow - celebrates an outstanding piece of work or learning

Writer - celebrates a wonderful literary achievement

Attendance Matters

Being in school every day really does matter. Good attendance helps children keep up with their learning, build friendships and feel part of school life.

Did you know? **80% attendance means a child misses the equivalent of around 7 weeks of school in a year.** That is a lot of lost learning.

Each week we will now be sharing **class attendance figures and the overall school attendance compared with the national average**, so we can all work together to keep attendance high.

Thank you for your continued support in helping your child attend school **every day and on time whenever possible.**

Oak Class: 91%

Hazel Class: 97%

★★★★★ **FANTASTIC WORK HAZEL CLASS!!!** ★★★★★

Maple Class: 94%

Cedar Class: 96%

Rowan Class: 94%

Elm Class: 96%

Sycamore Class: 96%

National Average: 95%

Our School school: 95%

Currently, we are in line with the national average. However, at Mundford we don't settle for average, and we know that by working together we can do even better. Every extra day in school makes a real difference to children's progress and wellbeing.

Musicians wanted

Calling all budding musicians - next half term we would like to showcase your musical talents in our weekly sharing celebration worship.

If you can play an instrument and would like to perform in worship on a Friday morning, please let me know and I will arrange the date, you can catch me on the playground after school or via email:

oakclass@mundford.dneat.org

Mrs Keeler



British Science Week

Monday 9th March marks the beginning of British Science Week, the children will be taking part in lots of different science activities to promote a love of the subject.

Comic Relief



If they wish to, children may come to school dressed in red or wear their normal school uniform on Friday 20th March

If you would like to make a donation please send into school with your children

Action for Happiness

Mindful March 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Set an intention to live with awareness and kindness	2 Notice three things you find beautiful in the outside world	3 Start today by appreciating your body and that you're alive	4 Notice how you speak to yourself and choose to use kind words	5 Bring to mind people you care about and send love to them	6 If you find yourself rushing, make an effort to slow down	7 Take three calm breaths at regular intervals during your day
8 Eat mindfully. Appreciate the taste, texture and smell of your food	9 Take a full breath in and out before you reply to others	10 Get outside and notice how the weather feels on your face	11 Stay fully present while drinking your cup of tea or coffee	12 Listen deeply to someone and really hear what they are saying	13 Pause to watch the sky or clouds for a few minutes today	14 Find ways to enjoy any chores or tasks that you do
15 Stop. Breathe. Notice. Repeat regularly	16 Get really absorbed with an interesting or creative activity	17 Look around and spot three things you find unusual or pleasant	18 Have a 'no plans' day and notice how that feels	19 Cultivate a feeling of loving-kindness towards others today	20 Focus on what makes you and others happy today	21 Listen to a piece of music without doing anything else
22 Notice something that is going well, even if today feels difficult	23 Tune into your feelings, without judging or trying to change them	24 Appreciate your hands and all the things they enable you to do	25 Focus your attention on the good things you take for granted	26 Choose to spend less time looking at screens today	27 Appreciate nature around you, wherever you are	28 Notice when you're tired and take a break as soon as possible
29 Choose a different route today and see what you notice	30 Mentally scan your body and notice what it is feeling	31 Discover the joy in the simple things of life				

ACTION FOR HAPPINESS **Happier · Kinder · Together**

SENDCo

If you have any concerns about your child at school. Please get in touch and have a coffee and a chat: katie.tinkley@mundford.dneat.org

Katie Tinkley – SENDCo

Please take a look at the Just One Norfolk Website as it contains a wealth of information for support and advice for families and children link below:

<https://www.justonenorfolk.nhs.uk/>

Family Action February Newsletter:
we are thinking about neurodivergence and girls.

[Go to this Sway](#)

Family Voice latest newsletter please click [here](#)

Clubs

Monday

Choir

15:20 -16:20 Y3,4,5 &6

Gym & Fitness

15:20 - 16:20 Y1 & 2

Tuesday

Lego Club

Lunchtime Y5 & 6

Taekwondo £2 per session

15:20 - 16:30 Y3,4,5 &6

Wednesday

Production Club

15:20 - 16:20 Y3,4,5, &6

Julia Donadson Reading Club

15:20 - 16:20

Y1 & 2

Please sign up via Arbor

Music Lessons

Mrs Whistler teaches a variety of musical instruments and singing. If you would like more information please contact Mrs

Whistler direct by

email:whistlermusic@yahoo.co

Contact Information

Phone: 01842 878278

messages@mundford.dneat.org

<http://www.churchsidefederation.norfolk.sch.uk/mundford/>

Amazon Wishlist

FOMS have set up a wish list for the school, making it easy for classes to request resources they would love to have. Any items requested by classes can be added directly to the wish list by the teacher.

If you would like to purchase an item that benefits your child's class, we know it would be very gratefully received and make a really difference.

Thank you so much for your continued support.

<https://www.amazon.co.uk/registries/gl/guest-view/2MR5XDLEG7KL>

School Council



Thank you for all of the pennies so far, we have lots of coppers and LOTS of silver sabotages. The competition will end next Friday so lots of time for you to bring your pennies in and once all the money has been counted we will reveal the winner of the film afternoon.



Eco

As many of you know we are focussing on being as eco friendly as possible in keeping with our sustainability plan, as part of this plan we intend to rewild some of the school field. Our hope is to make a wild flower area that will encourage pollinators to visit. We will also be adding a pond to our wildlife garden and redeveloping that area to make it a haven for wildlife. If you have any seeds, bird feeders, bat/bird boxes that you would like to donate to the cause we would really appreciate it. If you have any other ideas to help us with this project we would be happy for you to share them with us.

Diary Dates

Monday 9th March – Wednesday 11th March: **Y3/4** Residential

Monday 9th March: **Sycamore** Crucial Crew

Monday 9th March: **Elm & Sycamore** Cricket (PE kit)

Tuesday 10th March: **Elm & Sycamore** Swimming (PE kit)

Monday 16th March **Cedar** Showcase 14:30

Monday 16th March **Y6** Residential Meeting 15:45

Wednesday 18th March: **Maple** Junction 14:30

Thursday 19th March: **Sycamore** Junction, 09:15

Thursday 19th March: **Hazel** Junction 14:15

Friday 20th March: Red Nose Day

Friday 20th March: **Oak** Junction 14:15

Monday 23rd March: **Elm** Junction 14.30

Tuesday 24th March: **Maple** Showcase 14:45

Wednesday 25th March: **Hazel** Showcase 14:30

Friday 27th March: **Cedar** Showcase 14:45

Sunday 26th April: Choir Singing at Apex, Bury St Edmunds

Useful Links & Information

Friends of Mundford School (FOMS)

<http://www.churchsidefederation.norfolk.sch.uk/mundford/our-school/the-pta/>

Free school meals application

<http://www.churchsidefederation.norfolk.sch.uk/free-school-meals/>

How to contact the school/class teachers

<http://www.churchsidefederation.norfolk.sch.uk/mundford/contact-us/>

Notices

(parking, food policy, water bottles, snacks etc.)

<http://www.churchsidefederation.norfolk.sch.uk/mundford/notices/>

School Meal Menu

<http://www.churchsidefederation.norfolk.sch.uk/mundford/our-school/school-meals/>

School Uniform

https://corporatetiger.co.uk/?product_cat=mundford

www.facebook.com/myclothingltd

Golden Tickets



A huge chocolatey thank you to everyone who joined in with our Wonderlicious Bar fundraiser! 🍫🌟

We've been absolutely blown away by the support and can hardly believe that every bar has been snapped up – and a whole day early too! It seems the temptation of a little chocolatey wonder was simply irresistible.

We'll be unwrapping the list of lucky winners next week and will be chatting with parents and teachers to find the sweetest days for the class prizes... so keep your eyes peeled!

Thank you again for all your support – you've made this fundraiser truly wonder-ful.



World Book Day Lunch



Supporting you Child at Home

The school website and half-termly class newsletters outline what each class is currently learning, along with ideas for things you can do at home. We also recommend the following additional resources:

Numbots for basic number skills
<https://play.numbots.com/#/account/school-login/35246>

TT Rockstars Numbots for times tables
<https://play.ttrockstars.com/auth>

Oxford Owl for an online library of books covering all ages and ability levels
<https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/>

One Minute Maths
targeted practice to build confidence delivered in 1 minute chunks aligned to the school's Maths curriculum
<https://whiteroseeducation.com/1-minute-maths>

Norfolk Healthy Child Service
Supporting every child, young person
and family in Norfolk to flourish



Are you interested in
Volunteering?

We are recruiting Infant Feeding
Peer Support Volunteers in Norfolk!

Our Infant feeding peer support volunteers will give valuable emotional and practical infant feeding support.

If you are passionate about Infant Feeding and would like to support Norfolk families on their feeding journey – get in touch.



For more details and to apply:
<https://btrr.im/0dlzo>


Questions? Contact:
ccs.volunteers@nhs.net



To apply, scan the QR Code



Swimming lessons for water safety heroes



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LeisureCentre.com

LEISURE CENTRE

Following the Swim England Learn to Swim Programme

Water Safety Partner of BLS UK OFFICIAL PARTNER

SWIMMING
Safer Smarter Stronger

Free Online Parent & Carer Webinars

Free Online Webinars: Feb - March 2026

Join Our Spring Term Webinar Series

The PINS Spring Webinar programme offers a series of free, supportive online sessions designed to help families better understand and support neurodiverse children — both at home and in school.

These sessions are part of PINS (Partnerships for Inclusion of Neurodiversity in Schools), a Norfolk programme working alongside families and schools to create inclusive, understanding learning environments for every child.






- ✓ Free to attend
- ✓ Online – join from home
- ✓ Welcoming and practical
- ✓ No diagnosis or prior knowledge needed

Understanding neurodiversity in school

- Social communication and friendships
- Masking and emotional wellbeing
- Behaviour as communication
- Inclusive school cultures
- Working positively with families
- Supportive learning environments

These sessions are designed to be supportive, practical and understanding. Whether you're just beginning to explore neurodiversity or looking for new ideas, you'll find insight, reassurance and encouragement.

All sessions are free and delivered online via Microsoft Teams. Joining links are attached with QR codes as an option. Join as many sessions as you like — ~~even~~ just one can make a difference.

Session and session title	Date/Time Presenter	Audience	Session detail and Registration Link
<p>Session 9. Behind the Mask: Thinking about why children mask and how home and school can work together</p>	<p>26th Feb 1000-1100 Family Action Norfolk</p>	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent/Carers 	<p>NORFOLK PINS 2026: Session 9</p> 
<p>Session 12. Plan Bee Taster: Understanding and Supporting Neurodivergence at home and at school</p>	<p>3rd March 0930-1100 Family Action Norfolk</p>	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent/Carers 	<p>Norfolk PINS 2026: Session 12</p> 
<p>Session 14. A Low Demand Approach – Looking at demand anxiety and strategies to help</p>	<p>5th March 1000-1100 Family Action Norfolk</p>	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent/ Carers 	<p>NORFOLK PINS 2026: Session 14</p> 
<p>Session 17. Plan Bee Taster: Understanding and Supporting Neurodivergence at home and at school</p>	<p>10th March 1530-1700 Family Action Norfolk</p>	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent /Carers 	<p>NORFOLK PINS 2026: Session 17</p> 
<p>Session 18. Anger or Anxieties? Thinking about emotional distress and how it can present.</p>	<p>12th March 1000-1100 Family Action Norfolk</p>	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent/ Carers 	<p>NORFOLK PINS 2026: Session 18</p> 
<p>Session 20. Masking –What It Looks Like, Why It Happens, and We Can Support (evening)</p>	<p>12th March 1900-2030 Dr Pooky Knightsmith</p>	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent/ Carers 	<p>NORFOLK PINS 2026: Session 20</p> 