

GOODERSTONE GAZETTE



WE 27TH MARCH 2026

Team News

Curie
31

Einstein
40

Newton
28



This weeks winners are **Einstein**
Three wins = non-uniform day

Class News

Owls & Goslings

This week we have enjoyed some gardening and exploring Aiobhin's question, how do you use gardening tools. The children also made an Easter garden and talked about what each part represented. We also enjoyed answering Alfreds question, Where do apples grow? We cut open apples and looked at the seeds and where surprised to find out that each blossom on the tree grows into an apple.

Skylarks

This week we did our No Plan Day and chose to learn about volcanoes. We created volcanoes that erupted and used google maps to locate where some of the biggest volcanoes around the globe are. One of the children from Kestrels came and gave us a talk on volcanoes on earth and in space. We found out that Olympus Mons is a huge volcano in space and is 3 x the size of Mt. Everest!

Kestrels

This week in Kestrels we have done our SAW day based on water where we did an experiment with convection and wrote some wonderful poems. We also taste tested breakfast bars ready to make our own! On Friday, we visited the church and took some photos which inspired some beautiful artwork. The children sketched parts or the whole of the church and worked really hard on them. They are beautiful!

Star, Wow and Writer of the week

Owls & Goslings

Writer – Lara, for super careful colouring.

Skylarks

Writer – Rosie S for writing an awesome dragon spotting guide!

Kestrels

Writer – Ellie for a fantastic SAW day poem!

Clubs

Wednesday

Boom whacker, lunchtime
Taekwondo 3:15pm–4:15pm
Years 1 – 6, £2 per session

Thursday

Choir, lunchtime
Mr B Gym & Fitness 3:15pm–4:15pm
Years 3 – 6

Please book via Clubs in Arbor

Diary Dates

Friday 24th April

Celebration Assembly – 9am



Easter Message

As we celebrate Easter, we remember the joyful message, “He has risen!” (Luke 24:6), bringing hope and new life to all.

After a busy term, we wish everyone a restful break. “Come to me... and I will give you rest” (Matthew 11:28).

May this holiday be filled with peace, joy, and time with loved ones.

We look forward to welcoming everyone back refreshed for the new term.

Wishing you a happy Easter!



Contact Information

Phone: 01366 328280

office@gooderstone.dneat.org

<http://www.churchsidefederation.norfolk.sch.uk/gooderstone/>

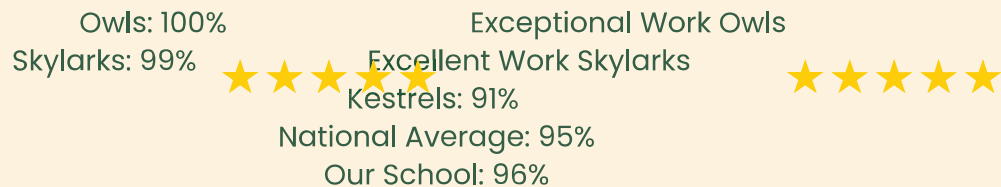


Attendance Matters

Being in school every day really does matter. Good attendance helps children keep up with their learning, build friendships and feel part of school life.

Did you know? 80% attendance means a child misses the equivalent of around 7 weeks of school in a year. That is a lot of lost learning.

Each week we will now be sharing class attendance figures and the overall school attendance compared with the national average, so we can all work together to keep attendance high. Thank you for your continued support in helping your child attend school every day and on time whenever possible.



96% is above the national average, and most of the time our pupils maintain very good attendance.

Let's keep up the great work together and continue to make every day in school count.

Great work everyone.

Mrs Buckley's Maternity

As we say goodbye to Mrs Buckley, we would like to wish her a wonderful and restful time ahead as she prepares for the arrival of her baby in May.

We are delighted to welcome Mrs Molly Cox, who will be covering her maternity leave. Mrs Cox is currently the Vice Chair of Governors and a very experienced teacher, bringing a wealth of knowledge to the role. The children have already had the opportunity to meet her, as she has been working alongside Mrs Buckley to ensure a smooth transition and continuity in their learning.

Cake Friday

If you enjoy baking (or buying!) cakes, slices, cupcakes or any other sweet treats, please consider signing up for a week that suits you. Your donation will be raffled, 20p per ticket, with all proceeds towards the school.

Please pop us a message or come in and see us if you'd be willing to volunteer for any of the following dates next term...

12th June
26th June
10th July



Thanks so much for helping us keep cake Friday delicious!

Trees

We are incredibly lucky to have been gifted some fruit trees for the school from Norfolk County Council.

We have received two pear trees and one plum tree, and today each class took part in planting one in Owls' Garden. It was a wonderful opportunity for the children to get hands-on with nature and learn about how trees grow and the importance of caring for our environment.

We are really looking forward to watching them flourish over the years, providing not only beautiful blossom and fruit but also a lasting legacy for future pupils to enjoy.



Tea with Mrs G

The Easter Tea with Mrs G was held on Thursday for the children who received Gold Cards in recognition of their outstanding work and values throughout the Spring term.

This special event takes place once a term and is always themed to reflect the season, making it a much-anticipated celebration for the children.

On this occasion, the children enjoyed a selection of wonderful Easter treats and took part in a range of creative, seasonal crafts. It was a lovely opportunity to celebrate their achievements in a relaxed and festive atmosphere, and the children represented the school beautifully.



BrightBites

We were delighted to welcome the team from Dentaid – The Dental Charity into school last week as they delivered their brilliant BrightBites oral health education programme, in partnership with Denplan.

The children took part in an engaging and interactive session all about keeping their teeth healthy. They explored topics such as the names of different teeth, how to brush properly, sugar awareness, and why regular dental check-ups matter. The session was lively, fun, and full of practical tips the children can use every day.

We're incredibly grateful to Dentaid for providing this free programme for school-aged children. Their passion for improving children's oral health really shone through, and the pupils came away buzzing with new knowledge and enthusiasm.

Please see the useful information provided by Dentaid below, and do take a moment to look through it at home. Together, we can help our children build healthy habits that last a lifetime.

BrightBites songs



Teach the words and sing the songs as the children mime toothbrushing.

Sing to the tune of Twinkle Twinkle Little Star

Here's my toothpaste, here's my brush

I won't hurry, I won't rush

working hard to keep teeth clean

front and back and in between

when I brush for quite a while I will have a happy smile.



Sing to the tune of Do Your Ears Hang Low?

Are your teeth clean and white?

Do you brush them left and right?

Do you brush them in the morning?

Do you brush them every night?

Do you brush them up and down?

Do you brush them round and round?

Are your teeth clean and white?



Sing to the tune of Row, Row, Row Your Boat

Brush, brush, brush your teeth, brush them every day

We put toothpaste on our brush,

To help stop tooth decay

Clean, clean, clean your teeth clean them every day

Your teeth will sparkle for years to come

In the most beautiful way

Brush, brush, brush your teeth brush them every day

Happy, healthy teeth you'll have

if it's done this way

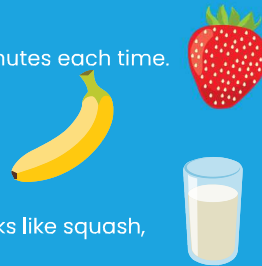


BrightBites Advice for Parents



You can help your child build healthy habits early by:

- Brushing their teeth twice a day with fluoride toothpaste, for 2 minutes each time.
- Supervising brushing to make sure every tooth is cleaned
- Choosing a healthy diet rich in fruit and vegetables
- Limiting sugary snacks and drinks, which can cause tooth decay
- Encouraging them to drink water and milk rather than sweet drinks like squash, juice and milkshakes
- Visiting the dentist every 6 months for check-ups to monitor their oral health



For children aged 0–3 years:

Start brushing your child's teeth as soon as first tooth appears. Use a smear of toothpaste that has a fluoride content of 1000 ppm twice per day.



For children aged 3–6 years:

Supervise your child's brushing. Use a pea-size amount of 1000ppm fluoride toothpaste and brush twice daily. Make sure to brush all of the teeth, brushing in small circular motions making sure to include the gums. Encourage your child to spit out the toothpaste rather than rinsing as this helps retain fluoride on their teeth for added protection.

What is BrightBites / who is Dentaid The Dental Charity

Dentaid The Dental Charity's BrightBites programme is an oral health education scheme supported by Denplan. The sessions are for children and is delivered both in the UK and overseas. They visit schools, holiday clubs and childcare organisations to deliver an interactive presentation, which supports the national curriculum and covers toothbrushing, teeth names and functions, sugar awareness and the importance of regular dental appointments. Every child receives a toothbrush and toothpaste to take home too.



Toothbrushing and positive health habits shouldn't been seen as a chore, here are some fun suggestions which may help to motivate children to look after teeth:

- Review sugar content in foods/drinks. You could make a game of seeing how many teaspoons/cubes are in each item. This reminds children that unhealthy foods should be a treat, and consumed in moderation.
- Use a sand timer or timer on your phone to motivate and encourage children to brush for the correct length of time.
- Utilise a toothbrushing chart to aid children with keeping on track of their brushing routine.
- Brush your teeth together, you could ask your children to 'help you'!
- Sing songs or read books about why and how we look after our teeth.
- Encourage your children to practice toothbrushing on one of their toys.
- Gently remind them what might happen if they don't take care of their teeth; show images of teeth with cavities, talk about bad breath and remind them that teeth may need to be removed in hospital if they aren't looked after.

Why good oral health matters

Promoting the importance of good oral health is a key part of the national curriculum. This is designed to support children's learning and development, including their physical health and wellbeing. It is widely understood that oral health is an important part of general health even with baby teeth. **This is because children's teeth:**

- Help them to bite and chew
- Support speech and language development
- Help them feel confident when they smile
- Make space for and help to guide adult teeth



Good oral health also keeps children free from toothache, infection and swollen gums, which could result in tooth extractions being needed.

What's on at the Family Hub in April...

Find more information



www.norfolk.gov.uk/familyhubs

Wednesdays Tuesdays Mondays

Sally from Kids will be available 27th April between 10:30 and 1:30pm to support parent carers with their young person SEND needs. Sally can support with

- Accessing appropriate services
- Navigating the SEND Local Offer
- Help with emotional and practical support needs

Matilda Lawrence from Leeway Domestic Abuse Services on the 7th April between 10am and 1pm. Tilly can support with:

- Emotional Support
- Practical guidance
- Referrals to other domestic abuse services.

Breastfeeding Support Group every Wednesday 1pm to 2:30pm

- Peer connection and emotional support
- Expert guidance, advice and practical tips
- Hands-on problem solving around all things breastfeeding
- Opportunities around training, qualifications, or new skills

Emma from the Department of Work and Pensions on Thursdays between 10am and 2pm. Emma can support parent/carers with:

- Benefit related queries
- Finances difficulties and debts
- Childcare funding

Katie from Norfolk Community Law Service (NCLS) on Friday 24th of April 12:30pm to 4:30pm. Key services include:

- Family Law and Court Support
- Welfare Benefits
- Debt and Money Advice
- Immigration advice

Up and coming events and activities

Join Danii from SEN Socials and Early Help Community Worker Georgie on the

13th of April 2026 10:30pm to 12:30pm

For a cuppa and an informal chat about all things SEND parenting. **No diagnosis needed!** Children are welcome and there will be an activity each session provided by **Voices Through Art!** Please contact sensocialsdownham@gmail.com for further information or to request a social story and venue walk through.



Thursdays

Fridays



Hockwold Cricket Club



Junior Coaching and Training Sessions

Boys & Girls
Ages 6-14

Starts Wednesday
15th April 18:00-19:30

NCL U11
Softball Plate
Winners 2025



FOR FURTHER DETAILS AND TO RESERVE PLACES
PLEASE CONTACT PAUL WORTLEY 07775 898246



SPRING SAVING
15% OFF



As the term winds down and spring begins, it's the perfect time to get organised.

Enjoy 15% off all orders from 23-29 March. Just use code **SPRING15** at checkout.

